



YOU MAKE A DIFFERENCE

Announcing an important FREE webinar for all nurses!

Nurse Resiliency - How to Manage in Prolonged Crisis Situation

Wednesday, May 27, 2020

7:00-8:15 PM

The **WNA COVID-19 Wisconsin Nursing Organizational Affiliates*** are pleased to offer this important webinar to support YOU in meeting the professional and personal challenges faced by nurses in all settings, especially during the era of COVID-19. Join us to learn:

- Strategies for enhancing your professional well-being
- Habits of highly resilient individuals
- Effective strategies to support one another during crisis

There will be time for sharing, questions and discussion following the 60-minute presentation.

Our presenter will be **Teresa Lindfors, FACHE, MBA, RN**, VP Growth & Development at Stoughton Health, and consultant with Capstone Leadership Solutions, Inc. Teresa invites you to submit questions or issues on the registration form that she may address during her presentation.

1.25 contact hours are available to participants who complete the online evaluation by June 3.

Registration is FREE -

but you must register to receive the emailed instructions and link to join the webinar.

For more information and to register go to:

[WNA - 2020WebinarNurseResiliency](https://www.wna-2020webinarnurse-resiliency.com)

or type **bit.ly/nurse-resiliency** into your web browser

For questions or assistance, please contact Bri Dunbar at bri@wisconsinnurses.org
or 608-221-0383 ext: 201.

** You are receiving this invitation through your Chapter membership or association with one or more of the **WNA COVID-19 Wisconsin Nursing Organizational Affiliates** - AHNA, ANEW, AWHONN, MCNHANA, WASN, WCN, WDONC, WI-IAFN, WiSPAN, WNA and WONL.*